

# Putting Parents in the Driver's Seat

Helping Parents Cope

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# I. Destination

- Where are we going?
- What is the goal?
- Why are we going there?



# Basic Knowledge Before Managing Behavior

- Developmental milestones
- Setting Realistic Rules
- Enforcing Rules
- Rewards/Reinforcements
- Communication Skills



# Knowing When to Slow Down

- Expecting too much
- Changing the goals
- Repetition
- Time for Turn Taking and Interaction
- Use of Time
- Catch the Child Doing Something Good



# Backing Up and Turning Around

- Being Too Rigid-Playing Strictly by the Rules
- Being Too Distant
- Changing Course



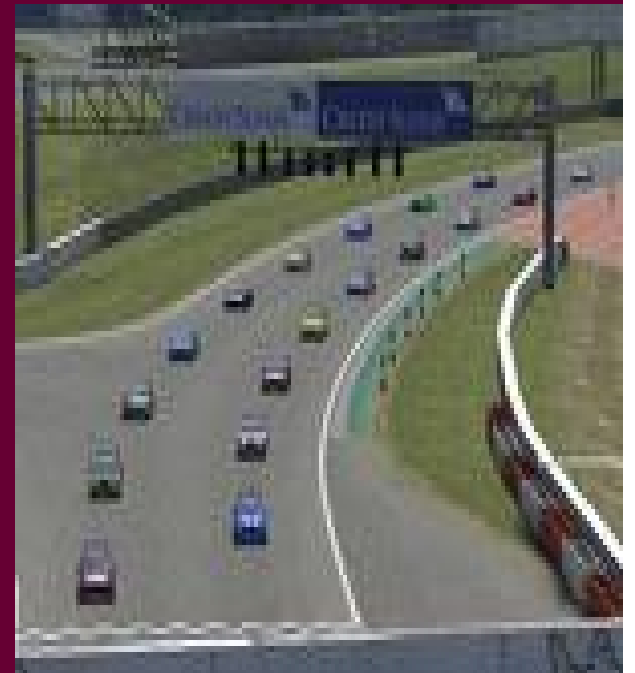
# Collision Course

- Collisions Happen
- Avoiding Collisions
- Dealing With Collisions



# Smooth Driving

- Goal is to Have a Smooth Trip
- Knowing the Rules of the Road
- Expecting Bumps in the Road
- Confronting the Bumps in the Road



# The Goal

Growing Up.....



**Driving independently**



# Arrival at a Destination

- Effects of Successful Driving
  - Reaching the goal (growing up)
  - Learning how to handle collisions (conflict)
  - Use of words or signs rather than aggressive behavior
  - Arriving on time following developmental milestones
  - Child has coping tools to do what s/he wants in the world